

January 2019



DONDRE GETER



Description of Organization:

Retro Fitness offers state of the art technology and equipment, heart rate monitoring, nutritional analysis, and a rewards program designed to help keep you on track.

What's the biggest benefit of being a part of HPWC?

Being able to partner with an amazing group of people that have interests similar to mine. I also like giving back to the city and helping others lead healthier lives!

What are you most proud of in Pontiac?

The teamwork and partnership being displayed around the city makes me proud.

Favorite healthy meal?

Salmon, brown rice and broccoli

Favorite exercise?

Bench press!

Three fun things about me:

1. I'm a father.
2. I was born and raised in Pontiac.
3. I have a non-profit organization and we do all types of charity work in the city of Pontiac (Reach One, Youth Outreach and Mentoring).

For more information on Retro Fitness visit www.retrofitness.net