



Healthy Pontiac, We Can!

## Partner Spotlight



### Laurie Gell, Education Specialist Training and Treatment Innovations (TTI)

#### Description of Organization:

Oakland Community Health Network (OCHN) provider for severe and persistent Mental Illness and Substance Use/ Abuse.

#### What would you like to highlight about your organization?

We offer many clinical and informational trainings regarding mental health; most often CEU's are available. Visit [trainingtti.org](http://trainingtti.org) for a list.

#### Why did you join the HPWC coalition?

I also participate in Energizing Connections for Healthier Oakland (ECHO), Active Living and ECHO Food Policy. TTI wants information and resources to improve options for individuals.

#### What's the biggest benefit of being a part of HPWC?

The networking is great!

#### What are you most proud of in Pontiac?

The fact that so many community members want to work together and be involved in improving the city.

#### Favorite healthy meal?

Salmon Salad.

#### Favorite exercise?

Walking & trails with my dog.

#### Three fun things about me:

1. I grew up on Tybee Island, outside of Savannah, GA.
2. I have a fabulous Australian Shepherd/Blue Heeler mix dog (Lu).
3. I love the summer!

For more information on TTI, visit [trainingtti.org](http://trainingtti.org), email me @ [lgell@ttiinc.org](mailto:lgell@ttiinc.org), or call me @ 248-969-9932 ext. 1061.

