



Healthy Pontiac, We Can!

## Partner Spotlight



# David Bowman, Community Health Director St. Joseph Mercy Oakland

### Description of Organization:

St. Joseph Mercy Oakland (SJMO) is a 443 bed comprehensive, community and teaching hospital and a long-time leader in health care in Oakland County. It is a member of the St. Joseph Mercy Health System, a subsidiary of Trinity Health, the country's fourth largest Catholic health care system.

### Why did you join the HPWC coalition?

I joined HPWC to network and collaborate with community organizations and help market programming available to Pontiac residents.

### What's the biggest benefit of being a part of HPWC?

The largest benefit I've received from HPWC is the ability to network and interact with various cross sector social service agencies allowing for the idea "continuum of care" to be actively practiced within the community. HPWC allows for social service agencies within the City of Pontiac and greater Oakland County to actively engage, breaking down silos.

### What are you most proud of in Pontiac?

I am most proud of Pontiac's resilience. I am proud of the ingenuity of the community in the face of helplessness and hopelessness.

### Favorite healthy food?

Dried mangoes.

### Favorite exercise?

Canoeing and biking.

### Three fun things about me:

1. I have lived abroad (London, England).
2. I enjoy photography walks.
3. I teach a bow tying program.

For more information on St. Joseph Mercy Oakland visit: [www.stjoesoakland.org/oakland](http://www.stjoesoakland.org/oakland).

