



Healthy Pontiac, We Can!



Partner Spotlight

Allyson Forest, Program Coordinator for REACH grant Oakland University

Description of Organization:

Oakland University is a public university that offers 277 degree and certificate programs with more than 19,000 students currently enrolled. Situated between two thriving cities in Auburn Hills and Rochester Hills, Oakland University is a preeminent metropolitan university that is recognized as a student-centered, doctoral research institution with a global perspective.

Why did you join the HPWC Coalition?

I joined the coalition to build rapport with community residents and leaders, to learn about coalition partners' expertise, and to enlarge our base for networking.

What's the biggest benefit of being a part of HPWC?

The biggest benefit of being a part of the HPWC coalition has been the community's support for our efforts and collaborating with organizations to expand our grant initiatives.

What are you most proud of in Pontiac?

I am most proud of Pontiac's rich history and the efforts to preserve the history through art, infrastructure, and historical areas.

Favorite healthy meal?

Sliced apples with peanut butter.

Favorite exercise?

Ballroom Dancing.

Three fun things about me:

1. I was featured in Oakland University Commercials in 2015 and 2016.
2. I was a contestant on Wheel of Fortune.
3. I love attending plays.

For more information on Oakland University visit: www.oakland.edu or find their Facebook page at www.facebook.com/oaklandu

