



LISA BRADDIX, MPH

REPRESENTING:

**Greater Detroit Area Health Council
(GDAHC)**

&

Alpha Kappa Alpha Sorority Incorporated – Theta Lambda Omega Chapter (AKA-TLO)



GREATER DETROIT AREA HEALTH COUNCIL

Description of Organizations:

GDAHC is a Regional Health Improvement Collaborative that serves as a neutral convener for organizations to do collective impact work to improve the health of the communities they serve.

Alpha Kappa Alpha is the first sorority founded by college-educated, African-American women for the purpose of providing service to all mankind. Theta Lambda Omega Chapter serves Pontiac.

What's the biggest benefit of being a part of HPWC?

It has allowed me to learn about the great efforts that are going on in Pontiac. Everyone is very enthusiastic and energized to do the work they do and has welcomed me to join them in these efforts.

What are you most proud of in Pontiac?

That it's such a close-knit community!

Favorite healthy meal?

Kale & quinoa salad with grilled salmon and lemon vinaigrette.

Favorite exercise?

I'm a Group Fitness Instructor, so I like most kinds of exercise.

Three fun things about me:

1. I'm originally from Cleveland and attended The Ohio State University. O-H!
2. I have a borderline obsession with Michelle Obama. I really admire her.
3. I have rhythm and am quite musical, but I cannot snap my fingers (my family has always made fun of me for this).

Connect with the Greater Detroit Area Health Council (GDAHC) at www.gdahc.org

Connect with Alpha Kappa Alpha Sorority, Incorporated – Theta Lambda Omega Chapter at www.akathetalambdaomega.com