



TRISHA ZIZUMBO

Director of Training,
Oakland Community
Health Network (OCHN)



*Developmental Disabilities
Mental Health • Substance Recovery*

Description of Organizations:

OCHN leads a provider service network that assists approximately 25,800 Oakland County citizens, as well as funds for more than 300 service sites.

People who receive services through the OCHN provider network include those who have an intellectual/developmental disability, adults with a mental illness, children with serious emotional disturbance, and persons with substance use disorders.

We also provide trainings and education about mental health, substance use disorders, and intellectual /developmental disabilities to our community.

What's the biggest benefit of being a part of HPWC?

I have been involved with HPWC for years and I love the passion that everyone has for Pontiac and its residents.

What are you most proud of in Pontiac?

The passion residents and those working in Pontiac have for their city!

Favorite healthy meal/snack?

Avocados, carrots, and any seafood!

Favorite exercise?

Walking my dog Rocky, dancing, and Goat Yoga. I have recently started taking a yoga class, but Goat Yoga was the best class, so I'm advocating for anyone to bring this to Pontiac!

Three fun things about me:

1. I named my 14lb. terrier Rocky Balboa.
2. I double majored in Spanish and studied abroad in Spain pero necesito practicar mi español más!
3. Graduated from Central Michigan University (twice!) so fire up chips!

Connect with Trisha at
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Learn more about OCHN and their training opportunities at www.oaklandchn.org, or follow them on Facebook, LinkedIn, Twitter and Pinterest!